

Kapahulu Center

3410 Campbell Avenue
Honolulu, HI 96815
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CLASS SCHEDULE

<u>MONDAY</u>		<u>THURSDAY</u>	
TIME:		TIME:	
9:00 – 10:00	JAPANESE UKULELE	7:45 – 8:45	LIFE IS A STRETCH WITH BETTY
10:00 – 11:30	BEGINNING UKULELE	8:00 – 11:00	HAWAIIAN QUILTING
12:00 – 2:00	HANAFUDA	9:00 – 10:00	AEROBICS
10:30	BLOOD PRESSURE CHECK – 1 st Mon	9:30 – 11:30	SHIGIN
6:45pm – 8:45pm	SHIGIN	10:15 – 11:30	ADVANCE UKULELE
		10:00 – 11:00	BEGINNING COMPUTER
		12:00 – 1:00	BON DANCE
<u>TUESDAY</u>		<u>FRIDAY</u>	
TIME:		TIME:	
7:45 – 8:45	LIFE IS A STRETCH WITH BETTY	9:00 – 12:00	TRI-CHEM
8:00 – 12:00	MAH JONG	8:00 – 12:00	MAH JONG
8-9/9-10/10-12	JAPANESE I, II, III	11:00 – 12:00	SAHMBO DAHN (Korean Exercise)
9:00 – 10:00	AEROBICS	12:30 – 2:30	JAPANESE KARAOKE JAMBOREE
9:30 – 11:30	CALLIGRAPHY	12:30 – 2:30	POKER
10:15 – 11:30	SING ALONG JAPANESE SONGS	1:00 – 3:00	SPORTS FUKIYA
12:00 – 3:00	MAH JONG	6:00pm – 7:00pm	NOVICE LINE DANCE
6:00pm – 7:00pm	NOV/BEG WEST COAST SWING	7:00pm – 8:00pm	BEGINNING LINE DANCE
7:00pm – 8:00pm	BEG/INTER WEST COAST SWING		
<u>WEDNESDAY</u>		<u>SATURDAY</u>	
TIME:		TIME:	
8:00 – 10:00	KNIT/CROCHET	8:00 – 9:00	TAI CHI WITH EDDIE
9:30 – 10:30	BELLY DANCING FOR SENIORS	8:00 – 12:00	MAH JONG
8:00 – 9:00	TAI CHI WITH EDDIE	12:30 – 2:30	CALLIGRAHPY
11:30 – 1:00	KAPAHULU CENTER SERENADERS	2:30 – 4:30	SHIGIN
12:30 – 2:00	HAIRCUTS BY APPT – 3 rd Wednesday	5:00pm – 8:00pm	INTERMEDIATE LINE DANCE
10:00 – 11:00	GUITAR/UKULELE		